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When, Not If The Realities of Cybersecurity in Higher Education

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- This webinar is part of our monthly webinar series to bring programming of interest to our members.
- The webinar is eligible for CPE. If you are interested in receiving CPE credit for this webinar, please e-mail me (Marty Mickey) at <u>mmickey@nl.edu</u> now. During the webinar, there will be four check-in questions for you to answer. In order to receive CPE, you must answer three of these questions.
- Copies of the slides for this presentation and a recording of the webinar will be available on the CACUBO website in a couple of days.
- We will send out a survey afterwards to solicit thoughts and topics for future webinars. If you would be willing to present in a future webinar, please e-mail me at <u>mmickey@nl.edu</u>.
- Save space on your calendars for the 2024 CACUBO Annual Conference which is September 29-October 1 in Indianapolis. Great networking and CPE opportunities. Concurrent session proposals are now being accepted at https://cacubo.memberclicks.net/am-concurrent-session-proposaltopics.
- Our next webinar will be February 29 on Diversity, Equity and Inclusion.

Learning Objectives



On the Virg



- Father of 5
- Softball coach
- Guitar and golf
- Higher Ed for 25 years
- Nelnet for 6+ years
- Covering Pacific and Midwest
- My cybersecurity story



Unique Aspects of Higher Ed

- Valuable Data
 - ✓ Student/Staff PII
 - Patient Medical Records
 - ✓ Research Data
 - Lab Equipment
- More Decentralized
- Collaborative by design
- Spending on Cyber lags other industries of similar size



Current Threat Environment



- Compromise as a Service/Cybercrime as a Service
- Generative AI
- Nation State Actors
 - 200 Institutions reported research data and IP theft in 2021-2022
- "Teenagers" (18-25)

✓ Lapsus\$

International extortion-focused hacker group known for its various cyberattacks against companies and government agencies





Current Landscape





Current Landscape

World's Biggest Data Breaches & Hacks

Selected events over 30,000 records UPDATED: Sep 2022









The majority of Higher Ed ransomware attacks in 2023 were caused by what?

Compromised credentials
 Malware
 Remote Desktop Protocol (RDP)

Data Exfiltration

41% China



10% Russia



Frequency

• Experience repeat attack in 12 months

A *replay attack* occurs when a cybercriminal eavesdrops on a secure network communication, intercepts it, and then fraudulently delays or resends it to misdirect the receiver into doing what the hacker wants.





Growth in Higher Education





Ransomware Growth HE 2023

163

January



- 19% growth in ransomware attacks in April 2023
- 35 unique victims in May



410 March Attackers intentionally delayed until students had returned to school

Why the Increase?

- Ukraine War Effort
- New entrants to the field
- Akira
 - Ransomware-as-a-Service (RaaS) group that started operations in March 2023
 - Dozens of schools and businesses in March

"All of your files have been encrypted by Vice Society."

Notable Attacks

- CommScope
 - ✓ Network giant—schools, hospitals, federal
 - Specializes in network and telephony equipment for schools
- Vice Society
 - ✓ Specifically targets schools
 - Responsible for LA School District Attack
 - ✓ "Success in Mediocrity"
 - Responsible for CommScope attack



How they Infiltrate







41%

Compromised by Social Engineering

43% of all attacks against education secto were carried out by Social Engineering



Malware Targeting Education Sector

63% of all malware written specifically targets education sector

Ransomware Payouts

The proportion of organizations paying seven-figure payouts



2022

40% 2023

Responding to Ransomware



Marty's Story









Has your campus been targeted with a cybersecurity breach in the last year?





What is it?	Global standardProtect payment data
PCI DSS v4.0	Next global standardNew controls
Driven by industry feedback	 200+ companies 6,000+ items













nplementation of future-dated new requirements



Outsourcing to third party

Are they maintaining compliance & gearing up for v4.0?

How are they working to prevent malicious code?

Applying innovations?

Embrace MFA



Compliance vs. Security

- Compliance is <u>not</u> Security
- Equifax was 100% compliant when they were breached









How is your campus preparing for the transition to PCI-DSS v4.0?

- Reviewing our vendor partners and discussing their preparedness
 We are applying new innovations including expanding our MFA
- We are updating our password requirements
- □ All of the above

What to Do?





"The most effective Cyber Hygiene is fundamental and persistent end user training"



Phishing Training

- Not just identifying Phishing Emails
 - Driving Awareness
- Replicate Threats
- <u>80%</u> of organizations that implement awareness training see a reduction in phishing susceptibility - *Proofpoint*

"Sutton's law tells us 'When diagnosing, first consider the obvious.' Thus, if you wonder why criminals phish, it is because email is where their targets are reachable." -Verizon 2022 Data Breach Report





Practical Application

- Utilize MFA on Everything
- Consider a Password Manager
- Use Passphrases vs. Passwords
 - I drive a 1998 Honda
 - HondadrivesMe?1998!







Passwords





Don't Reuse Passwords

"Passwords are like gum; Don't share."



Don't Use Templates

WelcomeSpring2023 Welcome[Last Name]2023!



Utilize Password Manager

Beware!



Don't Rely on Browser's Manager



Response Plan





"By failing to plan you are preparing to fail." - Benjamin Franklin



Response Plan





- How Long for Full Restore
- Are the Backup Immutable?
- How/Where Can You Access Backups?.

- SIS
- Physical Security/Cameras
- CRM
- Payroll

- What If?
- What Scenarios can they think of?
- Current Threats

Collaborate with Other Schools User Organizations

Tabletop Exercises

- Combined exercise across multiple departments
 - ✓ Business Office
 - ✓ IT
 - ✓ Operations
 - ✓ HR
 - ✓ Compliance
 - ✓ Executive Leadership / Board
- Don't be afraid to develop "no win" scenarios









Are you trained regularly on cybersecurity threats and how to spot and respond to them?



Burnout and Shortcuts

- Cybersecurity requires attention to detail
- Burnout compels people to engage in workarounds to retain energy
- Cyber hygiene is most likely to deteriorate when a person is burned out





Artificial Intelligence

- Al isn't the "threat"
- It's a tool, nothing more
- Phishing Threats
- New Attack Landscape
- Legacy Code Tools
- Daily Tasks





Summary



Training

- Make cyber awareness training standard across all users.
- Consistent conversations about risk.



Risk

- Develop a Risk Register.
- Prioritize risk based on role and criticality.

3.

Access

- Enable MFA for all accounts.
- Encourage use of strong passwords.
- Unique Passwords



Patch

- Prioritize patch management as a standard practice.
- Maintain accurate inventory of all systems.

5.

Plan

- Plan for the compromise.
- Practice the plan regularly
- Involve all levels

"10 Immutable Laws of Security"

- 1. Security success is ruining the attacker ROI
- 2. Not keeping up is falling behind
- 3. Productivity always wins
- 4. Attackers don't care
- 5. Ruthless Prioritization is a survival skill
- 6. Cybersecurity is a team sport
- 7. Your network isn't as trustworthy as you think it is
- 8. Isolated networks aren't automatically secure
- 9. Encryption alone isn't a deep protection solution
- 10. Technology doesn't solve people and process problems





